

2-Month Protocol & Usage Guide

A Superior, Broad-Spectrum Herbal Protocol
by Bio-Botanical Research & Michelle Moore



Bio-Botanical Research formulas meet the highest professional standards of quality and potency and have been used by doctors and leading alternative medicine professionals since 1987.

EmbraceHealthNaturals.com

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Published by Embrace Health, Inc.
1240 W Sims Way #55
Port Townsend, WA 98368

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Printed in the USA

Cover Design: Les Moore. Cover photo © Fotolia/Studio Barcelona.









Second Edition










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2-Month Protocol

The 2 Month Protocol includes the daily use of four medicinal grade herbal supplements from Bio-Botanical Research, Inc. (Biocidin®, Olivirex®, Proflora® and G.I.Detox®) plus specific dietary changes. Duration may be extended beyond 2 months for more support if needed.

Usage	Biocidin® Liquid	Olivirex®	Proflora®	G.I.Detox®
Beginning Adults: start with the beginning usage before increasing to moderate or maximum usage	1-2 drops three times a day, directly on the tongue or diluted in a ¼ cup of water or juice. Use ½ hour before meals.  X 3 Food	1 capsule twice a day. May be used at the same time as Biocidin.  X 2	5 pumps in a ¼ cup of water twice a day, at least 1 hour apart from Biocidin and Olivirex.  X 2 Biocidin Olivirex	Twice per month for a 3 day period. 1-2 capsules three times a day with a large glass of water, between meals. Use at least 1 hour apart from other supplements or medications.
Moderate Adults: gradually work up to the Moderate usage for active challenges	5-8 drops three times a day, ½ hour before meals.  X 3 Food	2 capsules twice a day. May be used at the same time as Biocidin.  X 2	Convenient to take just upon arising and before bedtime. If you are using other probiotic products, take these with Proflora at the same time to help to improve their support. Proflora does not require refrigeration.	Use at least 2 hours after Biocidin and Olivirex. Eat a diet high in leafy greens and low in refined carbohydrates. A minimum of 64 ounces of water a day should be taken.
Maximum Adults: if needed and well tolerated, gradually work up to the Maximum usage and maintain until challenges improve	10 drops three times a day, ½ hour before meals. Maintain until challenges improve.  X 3 Food	2 capsules three times a day in stubborn cases until challenges improve. May be used at the same time as Biocidin.  X 3	Proflora does not require refrigeration.	Eat less than 100 grams of total carbohydrates per day during active challenges. 2 X / Month for 3 days  X 3

Usage	Biocidin® Liquid	Olivirex®	Proflora®	G.I.Detox®
<p>Maintenance</p> <p>Adults: for long-term support, after all challenges resolve</p>	<p>5 drops once a day, ½ hour before meals.</p>  X 1 Food	<p>1 capsule once a day. May be used at the same time as Biocidin.</p>  X 1	<p>5 pumps in a ¼ cup of water once a day, at least 1 hour apart from Biocidin and Olivirex.</p>  X 1 Biocidin Olivirex	<p>Every 2 months for a 3 day period, 1-2 capsules three times a day with a large glass of water, between meals. Use at least 1 hour apart from other supplements or medications and at least 2 hours after Biocidin and Olivirex.</p>  X 3
<p>Children</p> <p>Gradually work up to the usages listed for children less than age 12</p>	<p>Children under 12: 1 drop for every 10 pounds of body weight per day, in <i>divided amounts</i>*. Use ½ hour before meals.</p> <p>Severe: up to 2 drops per 10 pounds per day may be used if well tolerated.</p> <p>Maintenance: ½ drop per 10 pounds per day may be used for long-term immune support.</p> <p>*Divided amounts: Divide the usage to twice a day (a 40 lb child could use 2 drops AM and 2 drops PM, for a total of 4 drops a day.)</p>  / 10 Lbs X 2 Food	<p>Children ages 7 -12 that can swallow a capsule may use ½ capsule twice a day.</p>  X 2 <p>Teenagers may use 1 capsule twice a day.</p>  X 2	<p>Do not use Proflora with children under 2.</p> <p>Children age 2 – 12: 2 pumps in ¼ cup of water or juice twice a day, at least 1 hour apart from Biocidin and Olivirex. Best taken upon rising and at bedtime.</p>  X 2 Biocidin Olivirex	<p>Children under 50 lbs: Twice a month for a 3 day period. 1/2 capsule 2 times a day.</p> <p>Use at least 2 hours after Biocidin and Olivirex.</p> <p>Eat a diet high in leafy greens and low in refined carbohydrates.</p> <p>May be mixed with juice or other liquids.</p> <p>2 X / Month for 3 days</p>  X 2

Usage	Biocidin® Liquid	Olivirex®	Proflora®	G.I.Detox®
Pregnancy and Nursing Mothers	<p>Do not use during pregnancy.</p> <p>Breast feeding mothers may use at ½ the recommended adult usage if well tolerated.</p>	<p>Do not use during pregnancy.</p> <p>Breast feeding mothers may use at ½ the recommended adult usage if well tolerated.</p>	<p>Do not use in pregnancy.</p> <p>May be used for breast feeding mothers.</p>	<p>Not recommended for use during pregnancy.</p>
Special Precautions	<p>Do not use before surgery as some herbs may have a blood thinning effect.</p>	<p>Do not use before surgery as some herbs may have a blood thinning effect.</p>	<p>Discontinue use should adverse reactions occur</p>	<p>Discontinue use should adverse reactions occur.</p>



Biocidin® Liquid

Biocidin® Liquid contains a potent blend of botanicals for broad-spectrum gastrointestinal and immune support and to promote overall wellness. Backed by independent lab testing concluding the broad effects of its formula, Biocidin® is recommended by doctors of Integrative Medicine who help patients with recurring and resistant health challenges. Ideally suited for general health maintenance and support with cleansing programs*.

Key Benefits:*

- Potent essential oils and botanicals for broad-spectrum systemic and gastrointestinal support.
- 25 years of effectiveness backed by clinical and laboratory testing.
- Easy to use and mild taste ideal for children and adults.
- Recommended by physicians specializing in gastrointestinal health, autism, candida and lyme.
- Excellent support addressing Biofilms.

Ingredients: Bilberry extract (25% anthocyanosides), Noni, Milk Thistle, Echinacea (purpurea & angustifolia), Goldenseal, Shiitake, White Willow (bark), Garlic, Grapeseed extract (min 90% polyphenols), Black Walnut (hull and leaf), Raspberry, Fumitory, Gentian, Tea Tree oil, Galbanum oil, Lavender oil (plant and flower), Oregano oil (plant and flower). **Other**

Ingredients: Vegetable Glycerin, (Alcohol less than 2%)



Olivirex®

Olivirex® combines standardized olive leaf extract with natural botanicals into a synergistic blend with enhanced broad-spectrum qualities. High Potency Olive Leaf extract (22-24% oleuropein content average) provides natural broad-spectrum action, supports the immune system and aids detoxification.

Olivirex® has been a widely beneficial clinically with anecdotal reports coming from physicians nationwide. Its 20 years of clinical benefit has made this formula indispensable for many. The botanical cofactors in the formula, including Milk Thistle, Uva Ursi and Dandelion, aid elimination via the drainage pathways to help decrease die-off and Herxheimer Reactions. The formula's Cordyceps, American Ginseng and Morinda components support the body to stimulate immune response.*

Key Benefits:*

- Potent high-oleuropein content Olive Leaf for superior broad spectrum support (minimum 18% Oleuropein).
- Synergistic formula containing immune modulators and adaptogens to aid detoxification and immune response.
- May be combined with Biocidin to address stubborn and recurring clinical challenges and to promote seasonal wellness.

Ingredients: Olive Leaf extract (organic, minimum 18% oleuropein content), 125 mg combination of the following: Garlic (plant), Goldenseal (root), Milk Thistle (seed), St. John's Wort (plant), Uva Ursi (leaf), American Ginseng (root), Bladderwrack (plant), Cordyceps, Dandelion (root), Noni (dried fruit), White Willow (bark). **Other Ingredients:** Rice Flour and Vegetarian Capsule. Certified Organic or wild-crafted sources used whenever possible.



Proflora®

The potent content of beneficial microbial flora inside probiotics promotes gastrointestinal balance to help the body digest food and absorb nutrients.* The unique formula of Proflora® contains the supernatant or microbial food needed for beneficial flora to thrive. The formula also contains a blend of synergistic natural components to optimize the growth of beneficial flora, inhibit unhealthy flora and soothe the intestinal tract.*

The use of antibiotic drugs, unhealthy food preservatives and highly processed foods, tap water chemical additives, hormone replacement drugs and poor stress management all can play a part in health challenges related to unbalanced intestinal flora. These flora play a crucial role in nutrient absorption, immune support and overall health. An imbalance of intestinal flora sets the stage for the overgrowth of disease-causing bacteria, yeast and other microbes, resulting in challenges such as candida albicans and the development of intestinal dysbiosis.

Proflora® is highly recommended during and after the use of anti-pathogenic supplements or antibiotics, and as a part of a regular health maintenance regime. It is a mild tasting liquid perfect for the whole family, and unlike many probiotic combinations, does not require refrigeration.

Proflora® contains Lactobacillus Salivarius, a specially stabilized organism which flourishes in the small intestine and doubles its population every 20 minutes, helping to crowd out unfriendly organisms. Proflora® also contains L. Acidophilus, Bifido-bacteria complex and botanical cofactors including Aloe Vera which soothe intestinal mucosa.* Laboratory testing has shown that like Biocidin®, Proflora® is uniquely efficient in enhancing intestinal health.*

Key Benefits:*

- Contains the supernatant for optimized growth and potency of beneficial flora.
- No refrigeration required.
- Helps Inhibit unhealthy flora.
- Includes botanicals to soothe intestinal mucosa.
- Mild taste and convenient to use in the morning and before bed.

Ingredients: Distilled Water, L. Acidophilus fermentation, Bifidobacterium complex, Aloe Vera, Yucca, Lactobacillus salivarius, Chlorophyll, Peppermint, Ginger, Dandelion, Viola.

Proflora® does not require refrigeration.



G.I. Detox®

Removing toxins from the gut helps the body to cleanse and eliminate waste products. The combination of pyrophyllite clay and activated charcoal inside G.I. Detox™ provides gentle detoxification support for a wide spectrum of toxins.

Pyrophyllite clay is unparalleled in its ability to collect a range of different toxins. Unlike other clays, Pyrophyllite is the decomposed remnant of molten lava formed deep underground under extreme pressures and temperatures. The strong detoxifying properties of Pyrophyllite come from its unique structure and composition. Nearly 10% of the clay is comprised of a rich mix of 8 different electrolytes, producing an abundance of free ions. The strong negative charge of these ions helps push nutrients into the cells and aggressively draws toxins from deep within cells, organs and other bodily tissues.

Pyrophyllite has the unique ability to both adsorb and absorb toxins. The clay adsorbs molecules by attracting them to the outside surface, like metal attracted to a magnet. The absorbing qualities of the clay act like a sponge, pulling toxins deep inside the internal structure of the clay and holding them there. The unusual tetrahedral molecules of the clay form donut shaped structures similar to the shape of red blood cells, providing strong absorptive properties for important nutrients.

Pyrophyllite has significant advantages compared to bentonite clays. Pyrophyllite is free from the high levels of iron found in bentonite which can be irritating to some people. Pyrophyllite is also safer than bentonite, which can contain toxic elements from the deposits from which it is collected.

Activated charcoal's ability to absorb thousands of times its own weight in toxins, gases and other chemicals is well known. The combination of Pyrophyllite and activated charcoal makes G.I. Detox™ a powerful and effective tool for removing toxins and cellular debris.

Key Benefits:*

- Removes Debris, Toxins and Accumulated Waste
- Excellent Support when used with the Bioclear® Program
- Assists in "Mop Up" Phase of Biofilm Treatment

Ingredients: Pyrophyllite Clay, Activated Charcoal



Precautions

Biocidin®, Olivirex®, Proflora® and G.I.Detox® have not been tested or approved for use by those who are pregnant. Do not use during pregnancy. Consult a practitioner qualified to recommend herbal medicine in any case that is severe or unresponsive.

This information is not a substitute for medical advice. These products are nutritional supplements designed to support optimal health. Individual needs and results do vary. Consulting with a qualified practitioner familiar with the use of natural products is recommended.

* These statements have not been evaluated by the Food and Drug Administration (FDA). These products are not intended to diagnose, treat, cure or prevent any disease.

