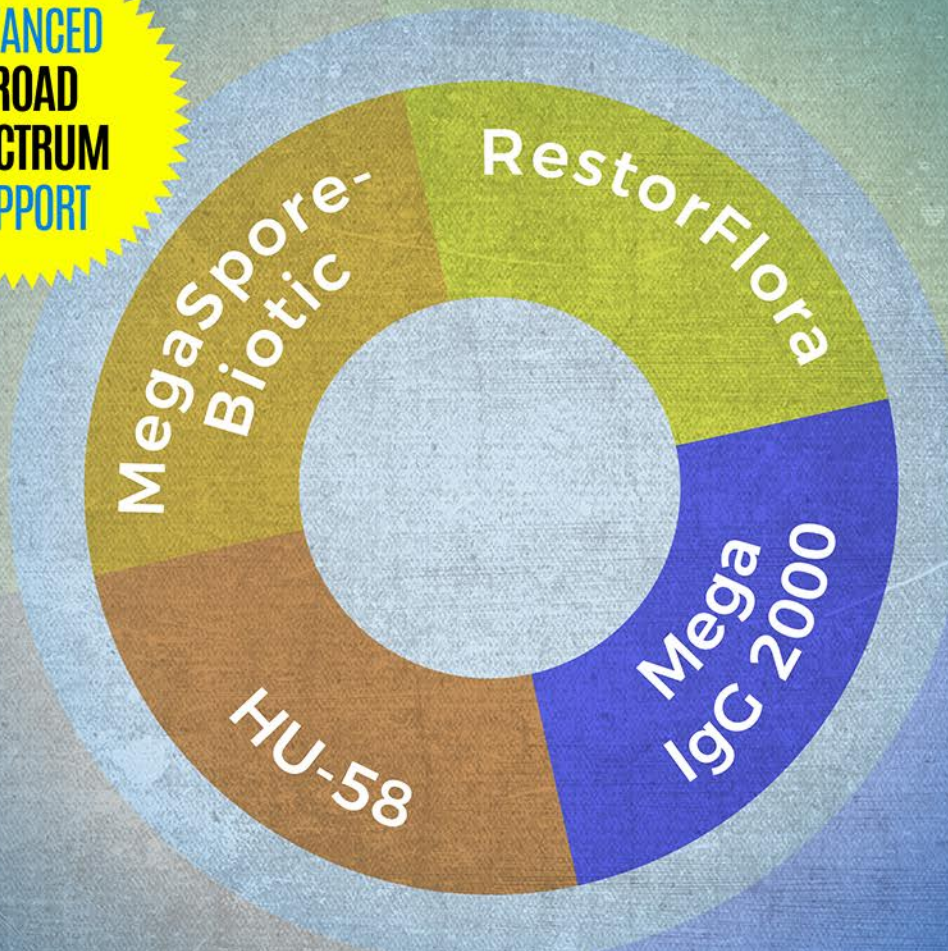


PROFESSIONAL STRENGTH

# Probiotic RESTORATION GUIDE

ADVANCED  
BROAD  
SPECTRUM  
SUPPORT



MICHELLE MOORE

# Probiotic Restoration Guide

By Michelle and Les Moore

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Edition 9

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# Protocols for Use

## ADULTS WITH CHALLENGES

Use the protocol below if you are an adult, or age twelve (12) or older, with any of the following conditions:

- Active bacterial challenges
- Active gut bacterial challenges
- Diarrhea caused by gut bacterial challenges
- Diarrhea caused by antibiotic drug use or side effects.

**Mega IgG2000:** For most people, Mega IgG2000 has no negative effects. In fact, it helps to soothe negative gut symptoms, whether resulting from infections or from beginning the probiotics detailed in this guide.

**IMPORTANT NOTE:** All four products are used together daily, as detailed in the protocol tables below.

MegaSporeBiotic	RestorFlora	HU58	Mega IgG2000
<p><b>Week 1:</b> 1 capsule every other day, with an AM meal.</p> <p><b>Week 2:</b> 1 capsule per day, with an AM meal.</p> <p><b>Weeks 3+:</b> 2 capsules per day, with an AM meal, until symptoms resolve.</p> <p><b>Duration of Use:</b> Continue using 2 capsules per day for at least 2 months, even if symptoms are gone.</p> <p><b>Long Term Use:</b> After 2 months, if symptoms are gone, take between 1 capsule every other day and 2 capsules per day for ongoing maintenance.</p>	<p><b>Week 1:</b> 1 capsule every other day, with a PM meal.</p> <p><b>Week 2:</b> 1 capsule per day, with a PM meal.</p> <p><b>Weeks 3+:</b> 2 capsules per day, with a PM meal, until symptoms resolve.</p> <p><b>Duration of Use:</b> Continue using 2 capsules per day for at least 2 months, even if symptoms are gone.</p> <p><b>Slowly Discontinue Use:</b> After 2 months, if symptoms are gone, take 1 capsule per day for a week, then 1 capsule every other day for a week, then discontinue use.</p>	<p><b>Week 1:</b> 1 capsule every other day, with any meal.</p> <p><b>Week 2:</b> 1 capsule per day, with any meal.</p> <p><b>Weeks 3+:</b> 2 capsules per day, with any meal, until symptoms resolve.</p> <p><b>Duration of Use:</b> Continue using 2 capsules per day for at least 2 months, even if symptoms are gone.</p> <p><b>Slowly Discontinue Use:</b> After 2 months, if symptoms are gone, take 1 capsule per day for a week, then 1 capsule every other day for a week, then discontinue use.</p>	<p><b>Week 1:</b> 4 capsules, 2 - 5 times per day, between meals.</p> <p><b>Week 2:</b> 4 capsules, 2 - 5 times per day, between meals.</p> <p><b>Weeks 3+:</b> 4 capsules, 1 - 3 times per day, between meals, until symptoms resolve.</p> <p><b>Duration of Use:</b> Continue using 4 capsules, 1 - 3 times per day for at least 2 months, even if symptoms are gone.</p> <p><b>Long Term Use:</b> After 2 months, if symptoms are gone, take 2 - 4 capsules per day for ongoing maintenance.</p>

# Protocols for Use

## SENSITIVE ADULTS WITH CHALLENGES

Use the protocol below if you are an adult with active bacterial or antibiotic challenges who is also:

- Elderly
- Immune-compromised or with an autoimmune disease
- Sensitive stomach
- Sensitive to new supplements, foods or remedies
- Chemotherapy, cancer or other acute health challenges

**Mega IgG2000:** For most people, Mega IgG2000 has no negative effects. In fact, it helps soothe negative gut symptoms, whether from infections or from beginning the probiotics detailed in this guide. You may be able to increase quickly to the Starting Amount in the Adults with Challenges protocol on the previous page with no problems.

**IMPORTANT NOTE:** All four products are used together daily, as detailed in the protocol tables below.

MegaSporeBiotic	RestorFlora	HU58	Mega IgG2000
<p><b>Week 1:</b> ¼ - ½ capsule every other day, with an AM meal.</p> <p><b>Week 2:</b> 1 capsule every other day, with an AM meal.</p> <p><b>Weeks 3+:</b> 1 - 2 capsules per day, with an AM meal, until symptoms resolve.</p> <p><b>Duration of Use:</b> Continue using 1 - 2 capsules per day for at least 2 months, even if symptoms are gone.</p> <p><b>Long Term Use:</b> After 2 months, if symptoms are gone, take between 1 capsule every other day and 2 capsules per day for ongoing maintenance.</p>	<p><b>Week 1:</b> ¼ - ½ capsule every other day, with a PM meal.</p> <p><b>Week 2:</b> 1 capsule every other day, with a PM meal.</p> <p><b>Weeks 3+:</b> 1 - 2 capsules per day, with a PM meal, until symptoms resolve.</p> <p><b>Duration of Use:</b> Continue using 1 - 2 capsules per day for at least 2 months, even if symptoms are gone.</p> <p><b>Slowly Discontinue Use:</b> After 2 months, if symptoms are gone, take 1 capsule per day for a week, then 1 capsule every other day for a week, then discontinue use.</p>	<p><b>Week 1:</b> ¼ - ½ capsule every other day, with any meal.</p> <p><b>Week 2:</b> 1 capsule every other day, with any meal.</p> <p><b>Weeks 3+:</b> 1 - 2 capsules per day, with any meal, until symptoms resolve.</p> <p><b>Duration of Use:</b> Continue using 1 - 2 capsules per day for at least 2 months, even if symptoms are gone.</p> <p><b>Slowly Discontinue Use:</b> After 2 months, if symptoms are gone, take 1 capsule per day for a week, then 1 capsule every other day for a week, then discontinue use.</p>	<p><b>Week 1:</b> 2 capsules, 2 times per day, between meals.</p> <p><b>Week 2:</b> 4 capsules, 2 times per day, between meals.</p> <p><b>Weeks 3+:</b> 4 capsules, 1 - 3 times per day, between meals, until symptoms resolve.</p> <p><b>Duration of Use:</b> Continue using 4 capsules, 1 - 3 times per day for at least 2 months, even if symptoms are gone.</p> <p><b>Long Term Use:</b> After 2 months, if symptoms are gone, take 2 - 4 capsules per day for ongoing maintenance.</p>



# Protocols for Use

## CHILDREN AND BABIES

Use the protocol below for children ages 2 to 12 years. Ages 12 and older may use the Adult protocol above.

**What is a pinch?** A pinch is approximately one fifth (20%) to one tenth (10%) of a capsule. For infants, open a capsule and add a small pinch of the powder into the mouth using your finger. The powder may also be added to formula or added to food or drink, depending on the age of the child.

**For children 5 or younger,** consult with a healthcare professional before using MegaSporeBiotic.

**IMPORTANT NOTE:** All four products are used together daily, as detailed in the protocol tables below.

MegaSporeBiotic	RestorFlora	HU58	Mega IgG2000
<p><b>Ages 2 - 3 Months:</b> 1 pinch per day, with an AM meal.</p> <p><b>Ages 3 - 6 Months:</b> ½ capsule per day, with an AM meal.</p> <p><b>6 Months - 12 Years:</b> 1 capsule per day, with an AM meal, until symptoms resolve.</p> <p><b>Duration of Use:</b> Continue using the amount above for at least 2 months, even if symptoms are gone.</p> <p><b>Long Term Use:</b> After 2 months, if symptoms are gone, take half the amount above for ongoing maintenance.</p>	<p><b>Ages 2 - 3 Months:</b> 1 pinch per day, with a PM meal.</p> <p><b>Ages 3 - 6 Months:</b> ½ capsule per day, with a PM meal.</p> <p><b>6 Months - 12 Years:</b> 1 capsule per day, with a PM meal, until symptoms resolve.</p> <p><b>Duration of Use:</b> Continue using the amount above for at least 2 months, even if symptoms are gone.</p> <p><b>Slowly Discontinue Use:</b> After 2 months, if symptoms are gone, take half the amount above for a week or two, then discontinue use.</p>	<p><b>Ages 5 Years+:</b> 1 capsule per day, with any meal.</p> <p><b>Duration of Use:</b> Continue using 1 capsule per day for at least 2 months, even if symptoms are gone.</p> <p><b>Slowly Discontinue Use:</b> After 2 months, if symptoms are gone, take ½ capsule per day for a week or two, then discontinue use.</p>	<p><b>Ages 2 Years+:</b> 2 capsules per day, between meals.</p> <p><b>Duration of Use:</b> Continue using 2 capsules per day for at least 2 months, even if symptoms are gone.</p> <p><b>Long Term Use:</b> After 2 months, if symptoms are gone, take 1 capsule per day for ongoing maintenance.</p>



# Protocols for Use

## LONG TERM MAINTENANCE

(MegaSporeBiotic & Mega IgG2000)

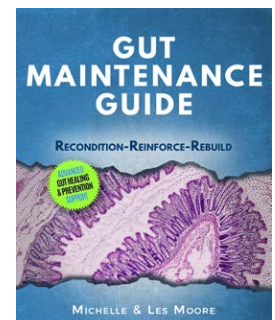
MegaSporeBiotic and Mega IgG2000 may be used together for daily, ongoing, long-term gut microbiome support with no active gut or bacterial challenges.

MegaSporeBiotic	RestorFlora	HU58	Mega IgG2000
<b>Long Term Use:</b> Take between 1 capsule every other day and 2 capsules per day for ongoing maintenance.	Not Needed	Not Needed	<b>Long Term Use:</b> Take 2 - 4 capsules per day for ongoing maintenance.

## LONG TERM MAINTENANCE

([Gut Maintenance Protocol](#))

The [Gut Maintenance Protocol \(GMP\)](#) is a 3-month protocol to support and restore gut health immediately following a bacterial challenge. The GMP includes three unique supplements (MegaSporeBiotic, MegaPre and MegaMucosa) that work together to support the microbiome and prevent a recurrence. These three products are inside the [Gut Maintenance Pack](#). The GMP is ideal for long-term gut health maintenance.







**RestorFlora is for diarrhea support.** The RestorFlora product is for temporary, short-term support for diarrhea, antibiotic-associated diarrhea and gut discomfort. RestorFlora can enhance the benefits of MegaSporeBiotic when using both products together. Best used along with MegaSporeBiotic.

**HU-58 is for stubborn or recurring challenges.** HU-58 provides enhanced intestinal anti-inflammatory support - it works like a “supercharger” for MegaSporeBiotic, when extra healing assistance is needed. Best used alongside MegaSporeBiotic.

**Mega IgG2000 is for gut inflammation.** Mega IgG2000 is a very gentle toxin binder that works along with probiotics to enhance gut healing. Immunoglobulins (Ig) mop up and neutralize a range of disease-causing toxins from bacteria, mold and the environment, including C. difficile toxins A and B. They also reduce inflammation and intestinal damage. IgG only targets disease-causing bacterial components and toxins inside the gut and will not absorb drugs, other supplements, foods or nutrients. Best used along with MegaSporeBiotic. Note that the Mega IgG2000 can help reduce any symptoms from probiotics, or from existing gut imbalances

***Q: Can you take other probiotics with MegaSporeBiotic, RestorFlora, HU-58 or Mega IgG2000?***

Yes, if well tolerated. All four products should be just fine to take while also taking other probiotic products. In fact, MegaSporeBiotic may help other probiotics work better due to the properties of the Bacillus strains inside.

***Q: Do you have to start slowly?***

If you’ve never used these probiotics before, then we recommend starting slowly and ramping up to the full target amount over time. In other words, we recommend that you do not start with the full target amounts listed in the [Protocols for Use](#) section or on the bottle labels. If well tolerated, you may find that you can ramp up to the full target amount more quickly than the [protocols](#) specify. Moving up to the full target amounts quickly may let you experience benefits from the products sooner rather than later, but this should only be done if well tolerated. Note that the Mega IgG2000 can help reduce any symptoms from probiotics, or from existing gut imbalances.

***Q: Can children use MegaSporeBiotic, RestorFlora and HU-58?***

For children age 5 years or younger, consult with a healthcare professional before using MegaSporeBiotic. Children as young as 2 months can benefit greatly from MegaSporeBiotic, provided that they start slowly and use a low amount, as detailed in the [Protocols for Use](#) section. S. boulardii (found in RestorFlora) has been shown to be safe for use in infants and young children ranging in age from 2 months to 14 years. The HU-58 product is only for use with children age 5 years and older, unless directed otherwise by a healthcare practitioner.

***Q: What does “2 capsules twice per day” mean in the protocols section of this guide?***

The terminology of “X capsules Y times per day” is a standard formula for taking supplements. It means to take the X capsules per dose, and to take that dosage Y times every day. For example, 2 capsules 2 times per day means to take a total of 4 capsules per day, split into two doses at different times of day.

As another example, 4 capsules 2 - 5 times per day means that a minimum dose of 4 capsules twice per day may be taken, and a maximum dose of 4 capsules five times per day may be taken. This is a variable dose, so you



can choose any dose between the minimum and maximum that best fits your needs and the severity of the infection. In this example, the minimum taken per day is  $4 \times 2 = 8$  capsules per day for milder cases. The maximum taken per day is  $4 \times 5 = 20$  capsules per day for severe infections.

### *Q: How should these products be stored?*

No refrigeration is necessary for these products, making them travel-friendly. MegaSporeBiotic, RestorFlora and HU-58 are very stable and do well shipping in high summer temperatures. Store in a cool, dry place inside your home.

## *MegaSporeBiotic FAQs*

### *Q: Are there side effects to using MegaSporeBiotic?*

Like other probiotics, the only side effect that requires caution is potential “die-off” or “detox” reactions if you start at the full target amount from day 1. The most common symptoms of G.I. detox or die-off include gas, bloating, cramps, diarrhea, loose stools and gut discomfort. It is highly recommended to start with a lower amount and increase slowly over several weeks to reduce the risk of these symptoms. See the [Protocols for Use](#) section for appropriate use guidelines. Note that the Mega IgG2000 can help reduce any symptoms from MegaSporeBiotic, or from existing gut imbalances.

### *Q: Is MegaSporeBiotic safe for pregnant women or nursing mothers?*

Probiotics are not only safe but very important during pregnancy and while nursing. Mothers pass on their immunity to their child through breast milk, from personal contact and during the birthing process. The product’s spores have the ability to modulate the microbiome to help improve the mother’s immune system, which is passed on to her child. Consult with your healthcare provider before using any supplement during pregnancy.

### *Q: If you have an autoimmune disease is it OK to take MegaSporeBiotic?*

The product can be a great support to people with autoimmune challenges, especially considering its immune modulation abilities. This modulation can help with chronic inflammation and reduce auto-antibodies. Because of the risk of die-off or detox reactions, starting out slowly is important. See the [Protocols for Use](#) section for details for immune-compromised people. Always consult with your physician before starting any new supplement.

### *Q: If you have cancer or are undergoing chemotherapy, is it OK to take MegaSporeBiotic?*

The Association of Naturopathic Oncologists (OncANP) uses this product with patients to reduce diarrhea and gut damage while on chemo. So far no adverse reactions have been observed with cancer patients. As with immune-compromised people, a low usage amount and starting slowly are prudent for chemo and cancer patients, as detailed in the [Protocols for Use](#) section.



### ***Q: Can you use MegaSporeBiotic for long-term maintenance?***

Yes. MegaSporeBiotic is an exceptional probiotic that works in multi-dimensional ways within the body, making it an ideal choice for long term use.

## ***RestorFlora FAQs***

### ***Q: Are there side effects to using RestorFlora?***

In rare instances, some people have reported mild thirst and mild constipation. Like other probiotics, there may also be potential for “die-off” or “detox” reactions if you start at the full target amount too quickly. It is highly recommended to start with a lower amount and increase slowly over several weeks to reduce the risk of these symptoms. See the [Protocols for Use](#) section for appropriate use guidelines. Note that the Mega IgG2000 can help reduce any symptoms from RestorFlora, or from existing gut imbalances.

### ***Q: Who should NOT take RestorFlora?***

People with known allergies to yeast (such as *Saccharomyces cerevisiae*) should avoid use of RestorFlora. Do not take RestorFlora if you have an indwelling vascular catheter, a peripherally inserted central catheter (PICC line) or a central venous catheters (CVC).

### ***Q: Is RestorFlora safe for pregnant women or nursing mothers?***

RestorFlora has not been specifically studied for safety during pregnancy or for nursing mothers. Be sure to consult with your doctor before using RestorFlora during pregnancy or nursing.

### ***Q: If you have an autoimmune disease, is it OK to take RestorFlora?***

If you are severely immunocompromised, then RestorFlora and other *S. boulardii* products should be used with caution and under direction of a medical professional.

### ***Q: Can you use RestorFlora for long-term maintenance?***

The RestorFlora product is meant for short-term use only unless directed otherwise by a healthcare practitioner.

## ***HU-58 FAQs***

### ***Q: Should you use HU-58?***

If you have stubborn or recurring challenges and need stronger support, then HU-58 can be a helpful addition while also using MegaSporeBiotic. Using HU-58, MegaSporeBiotic and RestorFlora at the same time provides

maximum support for difficult cases. The addition of Mega IgG2000 is also highly recommended during difficult gut challenges.

***Q: Are there side effects to using HU-58?***

Everything found inside the HU-58 product is also found inside the MegaSporeBiotic product. Therefore, the MegaSporeBiotic side effect FAQ above is applicable to HU-58 as well. Note that the Mega IgG2000 can help reduce any symptoms from HU58, or from existing gut imbalances.

***Q: Is HU-58 safe for pregnant women or nursing mothers?***

HU-58 has not been specifically studied for safety during pregnancy or for nursing mothers. Be sure to consult with your doctor before using HU-58 during pregnancy or nursing.

***Q: If you have an autoimmune disease, is it OK to take HU58?***

If you are severely immunocompromised, then HU58 should be used with caution and under direction of a medical professional.

***Q: Can you use HU58 for long-term maintenance?***

The HU58 product is meant for short-term use only unless directed otherwise by a healthcare practitioner.

## ***Mega IgG2000 FAQs***

***Q: Should you take Mega IgG2000 with a meal or empty stomach?***

If you have a gut bacterial challenge, then Mega IgG2000 is best taken on an empty stomach, which is an hour or so away from food. Mega IgG2000 is best taken between meals and before bedtime. This will help the IgG to absorb toxins from the gut challenge rather than toxins from food or other sources.

However, recent research shows that there is benefit from taking Mega IgG2000 while eating because we release lipopolysaccharide (LPS) toxins and other gut toxins when we eat. Anytime you take Mega IgG2000 it provides benefits, but people with gut bacterial challenges should take it between meals if possible. Drink plenty of fluids when taking Mega IgG2000.

***Q: Is it OK to take Mega IgG2000 along with antibiotic drugs or antibacterial remedies?***

There are no known interactions with foods, medications or supplements as immunoglobulins selectively bind to biological toxins and leave other substances alone. Mega IgG2000 is also OK to take along with antibacterial remedies, including **Olivirex and Biocidin**.



### ***Q: Are there any drug interactions with Mega IgG2000?***

As mentioned above, there are no known interactions with any medications. Immunoglobulins generated in donor animals bind tightly only to molecules that they are exposed to in nature. Source animals would not be exposed to drugs used to treat the vast majority of human diseases, and thus would not produce immunoglobulins with ability to bind these drugs. Furthermore, since orally-administered serum-derived bovine immunoglobulin/protein isolate (SBI) has been shown only to be present in the gastrointestinal (GI) tract, there is no interaction with the CYP450 enzyme system in the liver. Therefore, Mega IgG2000 will not interfere with how other drugs are metabolized by the liver.

### ***Q: Can you use Mega IgG2000 along with probiotics?***

Yes. Clinical studies have shown that the serum-derived bovine immunoglobulin/protein isolate (SBI) used to make Mega IgG2000 does not adversely affect the growth of probiotic or healthy gut bacteria. Neither does it change the composition of the intestinal flora.

### ***Q: Is Mega IgG2000 safe?***

Yes. Numerous animal and human studies show the safety of serum-derived bovine immunoglobulin/protein isolate (SBI), including human clinical trials. In total, over 530 subjects have been exposed to SBI in documented clinical studies for up to 24 months with doses ranging from 5 g to 20 g per day. There are no known side effects associated with consumption of SBI.

Also, On December 24, 2008, the US Food and Drug Administration (FDA) issued a letter assigning SBI (identified as “Bovine globulin”) as safe for human consumption, per GRAS notice No.255. “GRAS” is an acronym for Generally Recognized As Safe.

### ***Q: Can you use Mega IgG2000 for long-term maintenance?***

The effects of Mega IgG2000 can be felt within 1-4 weeks, depending upon the severity of dysbiosis. Take for at least 8 weeks to see best results. There are no restrictions on length of use, so it can be taken long-term for on-going maintenance.

### ***Q: What is the maximum amount of Mega IgG2000 you can take?***

**Note:** There is no known upper limit on using Mega IgG2000.

In hospitals for severe C. Diff., a powered version of the product is used that is a prescription using the same raw ingredient. They start at a minimum dose of 5 grams per day, which is the same as 10 capsules of Mega IgG2000. And for severe cases, up to 10 grams per day is used, which is the same as 20 capsules of Mega IgG2000.

### ***Q: Is Mega IgG2000 safe for pregnant women or nursing mothers?***

Mega IgG2000 has not been specifically studied for safety during pregnancy or for nursing mothers. If you are pregnant or nursing, taking any medications, or have a medical condition, consult with your doctor before using Mega IgG2000.

# Precautions

## *Cramps, Diarrhea or Gut Discomfort*

Symptoms can occur if you begin using too much of the probiotics too quickly. Gas, bloating, cramps or loose stools indicate the products are working, but you're starting too strong. If you experience adverse symptoms, stop taking the products until symptoms resolve. Symptoms usually resolve within 2-3 days. After you feel better, you may start again using a lesser amount or at a slower pace, if well tolerated. Note that the Mega IgG2000 can help reduce any negative probiotics symptoms, if they occur.

Follow the [Protocols For Use](#) later in this guide that best matches your needs. The [Protocols For Use](#) are only a general guide and personal needs and tolerances can vary from person to person. Be sure to consult with your healthcare professional before starting any new supplement or dietary program.

## *Start Slowly with the Probiotics*

MegaSporeBiotic, RestorFlora and HU-58 are physician's strength professional grade probiotics. If you are new to using these products, starting out slowly is highly recommended to avoid gut discomfort. Taking too much may lead to gastrointestinal discomfort due to rapid changes in gut bacteria or rapid bacterial die-off and/or detoxification. These symptoms indicate the products are working, but you're starting out with too much. Mega IgG2000 can help reduce any negative probiotics symptoms, if they occur.

Please read this guide completely before using MegaSporeBiotic, RestorFlora or HU-58 and follow the [Protocols For Use](#) in this guide. Following the appropriate [Protocols For Use](#) will minimize the risk of discomfort.

Be under the care of a health care provider if you are experiencing health challenges, making diet changes or adding new supplements such as probiotics. If you experience persistent discomfort from taking any new supplement, then discontinue or reduce its use and seek the guidance of a health care provider.

## *Talk To Your Doctor*

Michelle Moore is not a doctor or a healthcare practitioner. Michelle is someone who overcame many health obstacles that mainstream medicine could not solve. The information in this guide is based upon Michelle's scientific research, education and personal experience and is for educational purposes only. This information is not intended as a substitute for advice provided by your physician or other healthcare professional.

The information in this guide and any associated resources is not intended to treat, cure, prevent, or diagnose disease or medical conditions, nor is it intended to prescribe forms of medical treatment. The author and Embrace Health, Inc. do not distribute medical advice and are not responsible for use or application of the information contained herein. Do not disregard professional medical advice or delay in seeking professional advice because of something you have read on this guide. Unless otherwise noted, information in this guide has not been evaluated by the U.S. Food and Drug Administration (FDA).

Issues concerning health should be referred to a qualified health professional. If you have a health condition, or if you are pregnant, nursing, on medication(s), or have allergies, please consult with your physician before starting any new wellness, diet or exercise program, and any new treatment or herbal, homeopathic or nutritional supplement. When choosing a healthcare provider, do your own research and check the validity of their professional qualifications to ensure they are right for you.

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# We're Here to Support You



## Everyday Savings and Extra Discounts

We are **authorized distributors of MicroBiome Labs products** and provide the lowest prices – everyday. And specials are made available through email to our newsletter subscribers.



**Note: Microbiome Labs does not authorize any sellers on Amazon. Microbiome Labs has tested MegaSporeBiotic from Amazon and found it to be tampered with.**



## Guarantee and Returns

Unopened bottles of MegaSporeBiotic, RestorFlora, HU-58 and Mega IgG2000 may be returned within 30 days of purchase for a refund. See our returns web-page for details:

<https://www.embracehealthnaturals.com/returns/>



## Personal Support and Guidance

We are here to support you and answer your questions every step of your health journey. Visit our contact page here: <https://www.embracehealthnaturals.com/contact-us/>

Subscribe to Michelle's free newsletter for free ebooks, reports and guidance for gut bacterial challenges: <https://www.c-difficile-treatment.com/reports/10-things-report.html>



## E-Courses, How-To Guides and FAQ

You get free how-to guides like this one with every product purchase. You also get free video e-courses where Michelle shares her healing methods and protocols in detail.

See our protocols and guides here: <https://www.embracehealthnaturals.com/protocols/>

Answers to remedy questions are here: <https://www.embracehealthnaturals.com/faq/>

Register for Michelle's e-courses here: <https://www.embracehealthnaturals.com/courses/>



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SAVINGS  
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PRG10



### Starter

If you only choose one product, then MegaSporeBiotic is a great choice. Ideal for gut infection support and flora reconditioning.

~~\$64~~ **\$58**

<https://tinyurl.com/ycyehxk5>



### Added Support

**CD Probiotic Pack.** MegaSporeBiotic plus RestorFlora for added support with diarrhea and loose stools.

~~\$108~~ **\$97**

<https://tinyurl.com/ye2932f4>



### Complete Support

**Gut Restoration Pack.** Includes RestorFlora for diarrhea and Mega IgG2000 for toxin binding and gut inflammation support.

~~\$172~~ **\$155**

<https://tinyurl.com/yxuwsv5t>



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